

Viva Voce

Warm-Ups for Grades 3-6

Carol McClure, Editor



Viva Voce 2012-2013

Grade 3-6 Warm-Ups

#1: Breathing Basics

Give the choristers the following instructions:

"Stand straight, with shoulders back and relaxed torso, arms and legs. Breathe from the tummy, filling up the with air to expand the balloon that is your *diaphragm*. Practice slowly releasing your air in little bits, pushing air against teeth in short bursts, making the sound *tsss* as you exhale."

Start with a goal of 10 bursts in one breath; increase numbers of bursts of air that can be done in one breath.

Leader sings each bar;
choristers sing the echo.
Pitches are approximate.

#2: Siren Echoes

$\text{♩} = 72$

ooh_____ ooh_____ ooh_____

4

ooh ooh_____ ooh_____

#3: Legato / Staccato Counting

$\text{♩} = 60$

One two One two three One two three four One two three four five

11

One two three four five six One two three four five six sev-en

etc.

#4: Sliding Descending Intervals

$\text{♩} = 60$

Ah_____ Ah_____ Ah_____ Ah_____ Ah_____

Eh_____ Eh_____ Eh_____ Eh_____ Eh_____

Ih_____ Ih_____ Ih_____ Ih_____ Ih_____

Oh_____ Oh_____ Oh_____ Oh_____ Oh_____

Ooh_____ Ooh_____ Ooh_____ Ooh_____ Ooh_____

18

Ah_____ Ah_____ Ah_____ Ah_____ Ah_____

Eh_____ Eh_____ Eh_____ Eh_____ Eh_____

Ih_____ Ih_____ Ih_____ Ih_____ Ih_____

Oh_____ Oh_____ Oh_____ Oh_____ Oh_____

Ooh_____ Ooh_____ Ooh_____ Ooh_____ Ooh_____

12/8

23 ♩ = 100 #5: Tip, Tongue, Teeth, Lips

The tip of the tongue and the teeth and the lips The

tip of the tongue and the teeth and the lips The

tip of the tongue and the teeth and the lips The

tip of the tongue and the teeth and the lips The

tip of the tongue and the teeth and the lips The

tip of the tongue and the teeth and the lips

#6: I Love to Sing

30 ♩ = 48

I love_ to sing. I love_ to sing.

I love_ to sing. I love_ to sing. etc.

#7: No-ah

45 ♩ = 100



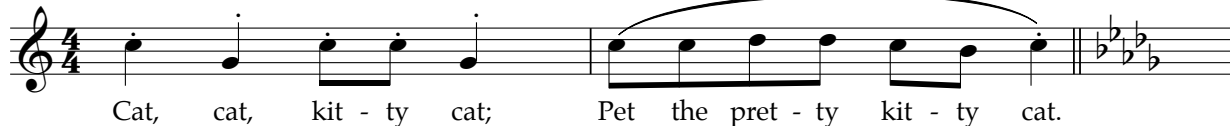
49



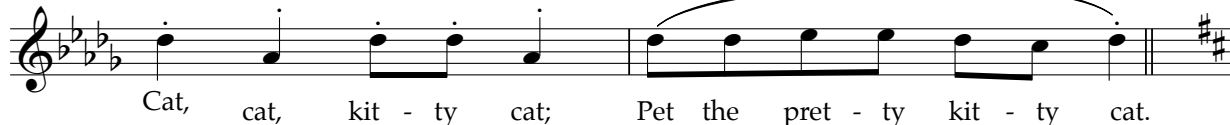
#8: Cat, Cat, Kitty Cat

Carol McClure (BMI)

53 ♩ = 92



55



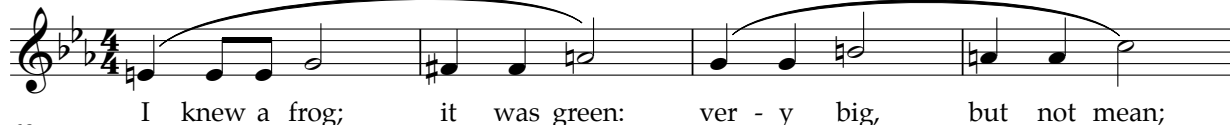
57



#9: The Frog Song

Carol McClure (BMI)

59 ♩ = 60

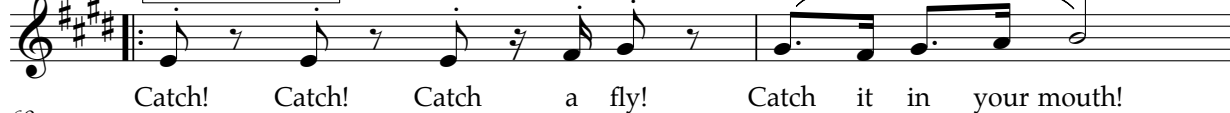


63



67 ♩ = 120

2nd x accelerando



69



#10: Zing-ah-zoo

71

Zing - ah - Zing - ah - Zing - ah - Zing - ah - Zing - ah - zoo.

73

Zing - ah - Zing - ah - Zing - ah - Zing - ah - Zing - ah - zoo.

75

Zing - ah - Zing - ah - Zing - ah - Zing - ah - Zing - ah - zoo.

77

Zing - ah - Zing - ah - Zing - ah - Zing - ah - Zing - ah - zoo.

#11: Mah-ni-moo

79

Mah - ni - moo, Mah - ni - moo, Mah - ni - moo,

82

Mah - ni - moo, Mah - ni - moo, Mah - ni - moo,

#12: Noh ni noh ni noh

85

Noh ni noh ni noh Noh ni noh ni noh Noh ni noh ni noh Noh ni noh ni noh

89

Nohni nohni noh Noh ni noh ni noh Noh ni noh ni noh Noh ni noh ni noh